

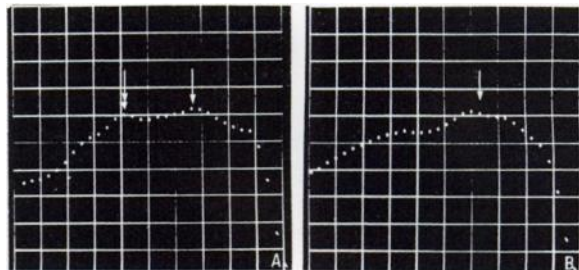
tion. Zinc-69m was delivered as a sterile isotonic solution of zinc chloride containing a sizable quantity of  $^{65}\text{Zn}$  (17.5% of the total radioactivity of the solution at the time of injection).

Three men with biopsy-proven prostatic adenocarcinomas, clinical Stage IV according to the Veterans Administration Cooperative Urological Research Group classification (3), were studied as well as three men with benign prostatic hypertrophy and disseminated lung cancer. A 330–450- $\mu\text{Ci}$  dose of  $^{69\text{m}}\text{Zn}$  was injected by the intravenous route in the patients suffering from prostatic cancer while a 150- $\mu\text{Ci}$  dose was given by the same route to the patients with benign prostatic hypertrophy.

Several scintiphotos of the lower abdominal and pelvic regions were taken during the first hour after the isotope injection. The images were simultaneously recorded on a videotape system and examined after usual data processing. Rectilinear scintigrams were performed 1, 2, 3, and 20 hr after the injection.

Unfortunately none of the techniques used provided a distinct image of the enlarged prostatic gland. No clearly delineated prostatic outline could be seen on the scintillation camera pictures or on the color-dot and photoscintigrams. In one patient, however, with a very large prostatic malignant tumor, the scintillation camera pictures showed a small concentration of radiozinc in the prostatic area 20 min after the injection of the isotope. Nevertheless this image was less contrasted than the picture shown in Chisholm's paper. In each of the six patients, however, scintillation camera pictures disclosed a clearcut image of the liver as soon as 10 min after the radiozinc injection.

One of our patients with disseminated prostatic cancer survived for more than 1 year. Since he had received, due to the contamination of the  $^{69\text{m}}\text{Zn}$  solution, about 50  $\mu\text{Ci}$  of  $^{65}\text{Zn}$ , an isotope with a physical half-life of 245 days, it was possible to perform 1 year after the injection an investigation in a whole-body counter (WBC) fitted out with four detectors. Two profile scans were made simultaneously in the WBC, using two  $4 \times 4.75$ -in. crystals fitted out with a slit-collimator. A 176-keV wide window was centered on the  $^{65}\text{Zn}$  peak (1.114 MeV). The first pro-



**FIG. 1.** Sagittal profile scans obtained in whole-body counter (WBC). (A) Profile recorded on midline with single arrow indicating hepatic area and double arrow indicating prostatic areas. (B) Profile recorded 15 cm to right of midline with arrow indicating hepatic area.

file resulting from measurements along the body midline allowed scanning of the prostate, pancreas, and part of the liver while the second profile obtained from measurements along the right midclavicular line (at 15 cm from the midline) allowed scanning of the major part of the liver. As shown in Fig. 1, a rather high basal activity is recorded on both profiles, the maximum of the activity being located in the liver area (arrows). Nevertheless, Fig. 1A shows a small peak of activity in the prostatic area (double arrows). This suggests a rather slow turnover of radiozinc in the prostate. One year after the isotope injection, the absolute activity of the prostate compared with that of the surrounding organs remains too small to obtain a clear-cut image of the gland.

Finally, the results of Chisholm, et al as well as our data make us wonder whether the previously published *in vivo* prostatic scintigrams (4) were not obtained after surgical removal of the gland. We suggest that more specific markers like those proposed by Szendrői, et al (5) should be tested for prostatic scintigraphy instead of further studies on other zinc radioisotopes even in other chemical forms.

J. FRÜHLING

A. COUNE

Institut Jules Bordet, Centre des  
Tumeurs de l'Université Libre de  
Bruxelles,  
Brussels, Belgium

#### THE AUTHOR'S REPLY

Dr. Frühling's comments interested us since they confirm our view that prostate scanning with radioactive zinc chloride has no clinical value. The search for more specific markers by our group has been disappointing; we were unable to reproduce the results reported by Szendrői, et al (5). A report on our studies with radioactive iodine-labeled estrogens as

prostate-scanning agents has been accepted for publication (6).

G. D. CHISHOLM

Royal Postgraduate Medical School  
Hammersmith Hospital  
London, England

## REFERENCES

1. CHISHOLM GD, SHORT MD, GHANADIAN R, et al: Radiozinc uptake and scintiscanning in prostatic disease. *J Nucl Med* 15: 739-742, 1974
2. WHITMORE WF: Comments on zinc in the human and canine prostate. In *Biology of the Prostate and Related Tissues*, Vollmer EP, ed, Bethesda, National Cancer Institute, Monograph 12, 1963, pp 337-340
3. Veterans Administration Cooperative Urological Research Group: Carcinoma of the Prostate—treatment comparisons. *J Urol* 98: 516-522, 1967
4. JAMA Medical News: First human prostate scans reported. *JAMA* 200 (6): 19-20, 1967
5. SZENDRÖI Z, KOCSÁR L, KARIKA Z, et al: Isotope scanning of the prostate. *Lancet* 1: 1252-1253, 1973
6. GHANADIAN R, WATERS SL, THAKUR ML, et al: *Int J Appl Radiat Isot*: To be published

**SOUTHEASTERN CHAPTER  
THE SOCIETY OF NUCLEAR MEDICINE  
SIXTEENTH ANNUAL MEETING**

Oct. 22 through 25, 1975

Fairmont Hotel

Atlanta, Ga.

**ANNOUNCEMENT AND CALL FOR ABSTRACTS**

The Scientific Program Committee welcomes the submission of original contributions in Nuclear Medicine from members and non-members of the Society of Nuclear Medicine for consideration for the Scientific Session.

**Program:**

- A. Scientific Session:  
Selected papers on various aspects of Nuclear Medicine.
- B. Continuing Education Series:  
Recent Advances in Nuclear Medicine: Technical and Clinical Aspects

The program will be approved for credit toward the AMA Physicians' Recognition Award under Continuing Medical Education Category 1 through the Society of Nuclear Medicine, and for credit by the American Academy of General Practice.

**Guidelines:**

1. Abstract should contain a statement of purpose, methods used, results, and conclusions.
2. Abstract must be prepared in final form for direct photoreproduction in accordance with the following rules. Abstract should be typed as one indented paragraph using elite type, single-spaced, in a column 12 cm wide (4¾ in.) by not more than 10.5 cm long (4½ in.). Pica type may be used, but the space allocated for a single abstract remains the same. This space includes title, authors and their affiliations, footnote references, etc. Type the names of authors in capital letters. *Underline* the title and the name of the author who will present the paper.
3. Accepted abstracts will be published.
4. Send abstracts and *four copies* to:

VALERIE A. BROOKEMAN, Ph.D.  
University of Florida  
Department of Radiology  
Box 219, JHM Health Center  
Gainesville, Florida 32610

**Deadline: July 17, 1975**